Am I an Addict?

Only you can answer this question.

This may not be an easy thing to do. All through our usage, we told ourselves, “I can handle it.” Even if this was true in the beginning, it is not so now. The drugs handled us. We lived to use and used to live. Very simply, an addict is a person whose life is controlled by drugs.

Perhaps you admit you have a problem with drugs, but you don’t consider yourself an addict.

All of us have preconceived ideas about what an addict is. There is nothing shameful about being an addict once you begin to take positive action. If you can identify with our problems, you may be able to identify with our solution.

Excerpt from the Informational Pamphlet #7 “Am I an Addict”

It is suggested:

Don’t use
Get a sponsor
Get a home group
Work steps

Get phone numbers (dial them don’t file them)

Don’t Use… no matter what

Phone Numbers of our NA friends:

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The NA Meeting

The purpose of each meeting is to give NA members a place to share recovery with other addicts. If you are not an addict, look for an open meeting, which welcomes non-addicts. If you’re an addict or think you might have a drug problem, we suggest a meeting every day for at least 90 days to get to know NA members and our program.

“That No Addict Seeking Recovery Need Ever Die”

More info: www.tarroanokeareana.org

Helpline number 888 379-0228

Revised. February 5, 2020
**NA Meetings**

**Sunday**
7:00 PM 1.0 hr: More Will Be Revealed, 601 Ashton Street, Stanley White Presb. Church, **Roanoke Rapids**, N.C. *For Addicts Only* *Literature Study*

8:00 PM 1.0 hr: Walk Your Talk, 231 North Church St., Church of The Good Shepherd, (church street side Upstairs) **Roanoke Rapids**, N.C. How It Works Book Study.

**Monday**
12:00 PM 1.5 hr: Never Alone at Noon, 1450 Bethlehem Rd., Nash County Recovery Alliance, **Rocky Mount**, N.C. Study

6:30 PM 1.0 hr: Keep It Simple, 1207 Clark St, Resurrected Ministries, Rocky Mount, NC, 27801 Open Discussion

8:00 PM 1.0 hr: Serenity Seekers, 601 Ashton Street, Stanley White Presb. Church, **Roanoke Rapids**, N.C.

**Tuesday**
12:00 PM 1.5 hr: Never Alone at Noon, 1450 Bethlehem Rd., Nash County Recovery Alliance, **Rocky Mount**, N.C. Study

8:00 PM 1.0 hr: Choanoke Choices, 424 Church St. W, St. Thomas Episcopal Church, **Ahoskie**, N.C. (Parish Hall)

8:00 PM 1.0 hr: New Horizons, 3732 Sunset Ave, Sunset Baptist Church basement, **Rocky Mount**, N.C. Open Discussion

8:00 PM 1.0 hr: Walk Your Talk, 231 North Church St., Church of The Good Shepherd, (church street side Upstairs) **Rocky Mount**, N.C. Open Discussion

**Wednesday**
12:00 PM 1.5 hr: Never Alone at Noon, 1450 Bethlehem Rd., Nash County Recovery Alliance, **Rocky Mount**, N.C. Study

8:00 PM 1.0 hr: Serenity Seekers, 601 Ashton Street, Stanley White Presb. Church, **Roanoke Rapids**, N.C.

8:00 PM 1.5 hr: Courage to Change, 204 East Church St, (White Building) Nashville, NC Open Discussion, Candle Light, Living Clean Book Reading

**Thursday**
12:00 PM 1.5 hr: Never Alone at Noon, 1450 Bethlehem Rd., Nash County Recovery Alliance, **Rocky Mount**, N.C. Study

6:30 PM 1.0 hr: Keeping it Real, 1101 Greensville County Circle, D19 CSB Building, **Emporia, Virginia**. Literature Study

6:30 PM 1.0 hr: Keep It Simple, 1207 Clark St, Resurrected Ministries, Rocky Mount, NC, 27801 Open Discussion

7:00 PM 1.5 hr: Genesis Reflection, 928 S Main St, St. Paul Presbyterian, Louisburg, NC, 27549 Open Discussion

**Friday**
12:00 PM 1.5 hr: Never Alone at Noon, 1450 Bethlehem Rd., Nash County Recovery Alliance, **Rocky Mount**, N.C. Study

7:00 PM 1.0 hr: Primary Purpose, 107 Church Street, Macon United Methodist Church, **Macon**, N.C. (Across from Post office), N.C. Varying Format

8:00 PM 1.0 hr: New Horizons, 3732 Sunset Ave, Sunset Baptist Church basement, **Rocky Mount**, N.C. Open Discussion

8:00 PM 1.5 hr: Walk Your Talk, 231 North Church St., Church of The Good Shepherd, (church street side Upstairs) **Rocky Mount**, N.C. Basic Text Book Study

**Saturday**
8:00 PM 1.5 hr: Walk Your Talk, 231 North Church St., Church of The Good Shepherd, (church street side Upstairs) **Rocky Mount**, N.C. Open Discussion/Speaker

More info: [www.tarroanokeareana.org](http://www.tarroanokeareana.org)

Helpline number 888 379-0228

*All these meetings are open to anyone unless otherwise stated. CLOSED meetings are FOR ADDICTS ONLY, guest will be asked to leave*

**HOW IT WORKS**
If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.

2. We came to believe that a power greater than ourselves could restore us to sanity.

3. We made a decision to turn our will and our lives over to the care of God as we understood Him.

4. We made a searching and fearless moral inventory of ourselves.

5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. We were entirely ready to have God remove all these defects of character.

7. We humbly asked Him to remove our shortcomings.

8. We made a list of all persons we had harmed, and became willing to make amends to them all.

9. We made direct amends to such people wherever possible except when to do so would injure them or others.

10. We continued to take personal inventory, and when we were wrong promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contract with God, as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.

12. Having had a spiritual awakening as a result of those steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

Revised. February 5, 2020