

### Am I an Addict?

*Only you can answer this question.*

This may not be an easy thing to do. All through our usage, we told ourselves, "I can handle it." Even if this was true in the beginning, it is not so now. The drugs handled us. We lived to use and used to live. Very simply, an addict is a person whose life is controlled by drugs. Perhaps you admit you have a problem with drugs, but you don't consider yourself an addict. All of us have preconceived ideas about what an addict is. There is nothing shameful about being an addict once you begin to take positive action. If you can identify with our problems, you may be able to identify with our solution.

Excerpt from the Informational Pamphlet #7 "Am I an Addict"

#### **Area (ASC) Meets at 1pm**

Service committees meet at noon.

#### **TAR-ROANOKE AREA SERVICE**

P.O. Box 9035

Rocky Mount NC 27840

Helpline number is **888-379-0228**

More info: [www.tarroanokeareana.org/](http://www.tarroanokeareana.org/)

### Phone Numbers of our NA friends:

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### NA Meeting Schedule Tar-Roanoke Area



#### North Carolina:

Nashville, Roanoke Rapids, Rocky Mount, Ahoskie, Macon, & Tarboro

#### Virginia:

Emporia

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

***"That No Addict Seeking Recovery Need Ever Die"***

Helpline number is **888-379-0228**  
More info: [www.tarroanokeareana.org](http://www.tarroanokeareana.org)

# NA Meetings

## Sunday

2:30 PM 1.0 hr: More Will Be Revealed, 1711 E 10<sup>th</sup> St  
Greater Joy North (across from theater) , **Roanoke Rapids**,  
N.C. **For addicts only\*** Literature Study

8:00 PM 1.0hr: Walk Your Talk, 231 North Church St.,  
Church of The Good Shepherd, (church street side Upstairs)  
**Rocky Mount**, N.C. How It Works Book Study.

## Monday

8:00 PM 1.0 hr: Serenity Seekers, 601 Ashton Street, Stanley  
White Presb. Church, **Roanoke Rapids**, N.C. How It Works  
Book Study

8:00 PM 1.0 hr: Recovery Road, 1803 Sunset Ave, Ext  
[Yellow house], **Tarboro, N.C.** Literature Study

## Tuesday

8:00 PM 1.0 hr Choanoke Choices, 424 N. Church St.  
St. Thomas Episcopal Church **Ahoskie, NC** (Parish Hall)

8:00 PM 1.0 hr: New Horizons, 3732 Sunset Ave, Sunset  
Baptist Church basement, **Rocky Mount** , N.C. IP Study

8:00 PM 1.0 hr: Walk Your Talk, 231 North Church St.,  
Church of The Good Shepherd, (church street side Upstairs)  
**Rocky Mount**, N.C. Open Discussion

## Wednesday

8:00 PM 1.0 hr: Courage To Change, 204 East Church St,  
[White Building,] **Nashville**, N.C. Open Discussion, Candle  
light, with short Living Clean Book reading.

8:00 PM 1.0 hr: Serenity Seekers, 601 Ashton Street, Stanley  
White Presb. Church, **Roanoke Rapids**, N.C. Candle-light

# NA Meetings

## Thursday

6:30 PM 1.0 hr: Keeping it Real, 1101 Greenville County Cir-  
cle, D19 CSB Building, **Emporia, Virginia**. Literature Study

8:00 PM 1.0 hr: Recovery Road, 1803 Sunset Ave, Ext [Yellow  
house], **Tarboro**, N.C. Open Discussion

## Friday

7:00 PM 1.5 hr: Primary Purpose, 107 Church Street, Macon  
United Methodist Church, **Macon**, N.C. (Across from Post  
office), Varying Format, Basic Text

8:00 PM 1.0 hr: New Horizons, 3732 Sunset Ave, Sunset Bap-  
tist Church basement, **Rocky Mount** , N.C. Open Discussion

8:00 PM 1.5 hr: Walk Your Talk, 231 North Church St., Church  
of The Good Shepherd, (church street side Upstairs) **Rocky  
Mount**, N.C. Basic Text Book Study

## Saturday

8:00 PM 1.5 hr: Walk Your Talk, 231 North Church St., Church  
of The Good Shepherd, (church street side Upstairs) , **Rocky  
Mount**, N.C. Journey Continues/Speaker/Living Clean

**\*All these meetings are open to every-  
one unless otherwise stated. CLOSED  
meetings are for addicts only, guest  
will be asked to leave**

## The NA Meeting

The purpose of each meeting is to give NA members  
a place to share recovery with other addicts. If you  
are not an addict, look for an open meeting, which  
welcomes non-addicts. If you're an addict or think  
you might have a drug problem, we suggest a  
meeting every day for at least 90 days to get to know  
NA members and our program.

## General information that applies to NA meetings

We are not concerned with types or amounts of drugs  
used; we focus on the ways addiction and recovery affect  
our lives. NA meetings are not classes or group therapy  
sessions. We do not teach lessons or provide counseling.  
We simply share our personal experiences with addiction  
and recovery. Meetings are often held in churches,  
treatment centers, or other facilities, because these places  
tend to be affordable, available, or convenient. NA is not  
a part of or connected to any other group, organization,  
or institution. To respect the anonymity of all of our  
members, we ask that people who attend our meetings  
not talk about who our members are or what they share