



TAR-ROANOKE AREA SERVICE MINUTES
October 8, 2016
Hosted by Solution Seekers, La Crosse, VA

•Meeting was called to order at: 1:08 by Alt. Chair Michael Mc.

•Serenity Prayer

•Twelve Traditions was read by: Phillip

•Twelve Concepts was read by: Dena

•Roll Call:

•Note: ATTENDANCE – Present=X Absent=O Previously filled or new position= -

POSITION	NAME	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Chairperson 252-428-8445	Dudley P. Pdudley_powell@yahoo.com	X	-	X	X	X	X	X	X	O	O		
V. Chair Protem 847-508-8505	Michael Mc bossasper@hotmail.com	-	X	X	X	X	X	X	X	X	X		
Secretary 610-301-6874	Dena D. Denadooley42@gmail.com	-	-	-	-	-	-	X	X	X	X		
Treasurer 252-443-7707	John K. John.kent@honeywell.com	X	-	X	X	X	X	X	X	X	O		
PR Chair 252-469-3409	Chris C. 2312Westwood@gmail.com	X	-	X	X	X	X	X	X	X	O		
RCM 252-443-7707	John K. John.kent@honeywell.com	-	-	-	-	X	X	X	X	X	O		
Alt. RCM	Open	-	-	-	-	-	-	-	-	-	-		
H&I ProteM 252-903-3485	Phillip B. themanclean@hotmail.com	-	-	-	-	-	-	-	X	X	X		
Policy Chair 252-443-7707	John K. John.kent@honeywell.com	-	-	-	-	-	X	X	X	X	O		
Outreach Chair	Mike J.	-	-	-	-	-	-	-	-	-	O		
Alt. Outreach Chr	open	-	-	-	-	-	-	-	-	X	-		

HOMEGROUP	GSR/REP	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Courage to Change	Owen B.	X	X	X	X	X	X	X	X	X	X		
Keeping it Real	Michael Mc	X	X	X	X	X	X	X	X	X	X		
New Beginnings	Deirdra	X	X	O	O	O	O	O	O	O	O		
New Horizons	John K.	X	X	X	O	X	O	X	X	O	O		
Walk Your Talk	Chris C.	X	X	X	X	X	X	X	X	X	O		
Recovery Road	Jim S.	O	O	O	O	X	X	X	X	X	X		
Solution Seekers	Dena D.	-	-	-	-	X	X	X	X	X	X		
Serenity Seekers	none	O	O	O	O	O	O	O	O	O	O		
Choanoke Choices	Trish T.	-	-	-	-	-	-	-	-	X	O		

New Group: One Day at a Time – Marian B. GSR – Wednesday @ 6:30 South Hill, VA

Officer Reports

Vice Chairperson: no report

Secretary: Minutes accepted – with corrections made (my apologies)

Treasurer: See attached report – Read by Phillip B.; report approved

Policy Chairperson:

H& I: report given by Phillip B.: Getting volunteers; Coastal Plains meeting going well;

Public Relation:

Outreach Chair:

Regional Committee Member:

AdHoc Committee: See Attached Report; Google Voice ready to be used if approved; please give numbers to Dena D. if interested in participating. Motion to Home Groups to approve implementation.

Home group Reports

Courage to Change – See Attached

Keeping It Real –See Attached

Walk Your Talk –

New Horizons –

Recovery Road – See Attached

Solution Seekers – See Attached

New Beginnings –

Serenity Seekers –

Choanoke Choices –

One Day at a Time – See Attached

Open Forum

Phillip – asked about feasibility of changing prudent reserve – discussion: Owen, Dena, Michael:
lowering prudent reserve will still have issues when quarterly expenses and Regional Committee occur
at the same time; just takes a little bit to get back in the black

Need November meeting place – Recovery Road is offered; Recovery Road is approved

Unfinished Business

MOTION 1: lower rent based upon current meeting places in order to lower monthly expenses from \$50 to \$25 – rent was based upon the highest rent paid to homegroup ASC meeting places. This was to be the rent paid to all ASC meeting places. Our meeting places have changed and the highest rent rate is now lower. **Motion sent to home-groups for discussion. – Motion carried unanimously**

New Business

MOTION 1: move forward with Google Voice help line for TarRoanoke Area to help addicts needing assistance; policy change needed. **Motion sent to home-groups for discussion and vote.**

MOTION 2: To go below prudent reserve (see treasurer report above); to cover checks that take us below prudent reserve for this month - **motion carried unanimously**

(note: PR expenses need to have a motion made next meeting in order to be reimbursed as the expense is above budget – as per policy, expenses above budget must have a motion, motion must be submitted prior to new business discussion – motion made to table discussion til November meeting)

RESUMES/ELECTIONS:

Announcements:

New Meeting – beginning October 16 Roanoke Rapids at Greater Joy North
October 13 – Tricia T. 1 year!!! Congratulations (Choanoke Choices)
October 19 – Taggart R. 5 years!!! Congratulations (Courage to Change)
October 10 – Marian B. 1 year!!! Congratulations (One Day at a Time)(celebration 10/12)
October 2 – John H. 4 years!!! Congratulations (Recovery Road)(celebration 10/27)
November 19 – Courage to Change homegroup celebration (homegroup only) 11 years

**Next Area Meeting will be November 12, 2016 Recovery Road, Tarboro, NC
The following positions are in need of servants: H&I, Alt RCM, and other subcommittees**

Outreach, H&I, PR subcommittees and GSR orientation Meet 1 hour prior to ASC. Anyone interested in serving on a committee or has questions or concerns need to attend. Subcommittees meeting: 12pm.

Meeting adjourned 2:14

Tar-Roanoke Area- 2016 Meeting Schedule

The area meeting for the Tar-Roanoke Area of NA will be held on the Second Saturday of the month at 1pm. Subcommittee meetings will begin at 12pm (noon) before the area meeting.

Nov 12-Recovery Road

Dec 10- Recovery Road

Tar-Roanoke Area

Home Group Address List

Courage to Change Group
Nashville United Methodist Church
204 East Church Street
Nashville, NC 27856
Contact: Owen E. (252) 907-9809
Email:moellis818@st.nashcc.edu

Keeping It Real Group
District 19 Community Service Board
1101 Greenville County Circle
Emporia, VA 23847
Contact: Michael Mc. (847) 508-8505
Email: bosscasper@hotmail.com

New Horizons Group
Sunset Avenue Baptist Church
3732 Sunset Avenue
Rocky Mount, NC 27804
Contact: John K. (252) 532-4644

Email:johnnathankleiber@gmail.com
Contact: Eric W

Recovery Road Group
1803 Sunset Ave, Ext (Yellow house across from church)
Tarboro, NC 27886
Contact: Jim S.
Email: jsnedeker09@gmail.com

Walk Your Talk Group
Church of the Good Sheppard
321 Church Street
Rocky Mount, NC 27803
Contact: Chris C (252) 469-3409
Email: 2312Westwood@gmail.com

New Beginnings Group
Compassion Worship center
338 Roanoke Ave
Roanoke Rapids NC, 27831
Contact: Deirdra G252-219-4760
Email: raymonds1.dg.dmg@gmail.com

Solution Seekers Group
Glory 2 Glory Worship Center
592 Union Mill Rd
La Crosse, VA 23950
Contact: Dena D. 601-301-6874
Email: denadooley42@gmail.com

Choanoke Choices
104 E. Main Street
Ahoskie, NC 27910
Contact: Trish T.
Email: tricia1196@yahoo.com
Contact: Andrea B.
Email: gabilemons@yahoo.com

PHONE LINE AD HOC COMMITTEE REPORT

Google Voice – basic information

- FREE
- Able to register/connect several phone numbers with one Google Voice number – incoming calls routed to connected numbers to answer
- Incoming call will have phone number recorded for “receivers” to see
- Receivers’ phone numbers will not be identified on callers’ ID -- Google Voice number will be on their caller ID
- Missed calls go to a voice mail and can be accessed by “receivers”
- Tar Roanoke NA Line is 252-563-3562 – email account attached to it is tarroanokena@gmail.com (I set this up so it is currently attached to my gmail account)
- Texting is also available with the Google Voice number
- Conference calls are also possible

Please text or email or message me your phone number if you would like to be added to the “hotline”

Questions to be answered – returning calls: what phone number shows up on caller ID????

Tar Roanoke Area of NA

Treasurers Report

October 2016

Hello Family,

In the attached report you will see a detail description of September 2016 Bank statements, along with our monthly reports; detailing income and expenses. The monthly table is a rolling table capturing our 12 month donations and expenses with three month averages to verify our prudent reserve.

For September 2016, our beginning balance is \$626.92. Area home groups have donated \$248, and our total expenses, were \$166.05. Our available balance is \$708.87, which is below our prudent reserve, by 41.13 cents. Per policy; we had an internal Area conscious and voted to pay bills that took us under prudent reserve. We have no outstanding checks. We had no Monthly bank service charge.

Our three month average expense is \$507, which is less than our three month \$750 prudent reserve (3 Months expenses). For the last 12 months, our monthly average Home Group contributions were \$163/Month and our Monthly average expense for the year is \$181 /Month, equating to a \$17 deficit/month, we are getting better. We had 5 months in the last 12 months where our expenses were greater than, or equal to, our home group contributions.

I revised the Monthly Balance report to move Region donation after prudent reserve delta- see sheet

In Service,

John Kent

Trusted Servant

252-904-1427

Jwk203@hotmail.com

TAR-ROANOKE AREA TREASURE REPORT Sheet Oct 2016					
BEGINNING BALANCE					\$ 626.92
Home Group Donations- Sept 2016					\$ 248.00
TOTAL BEGINNING BALANCE PLUS INCOME					\$ 874.92
EXPENSES- Sept 2016					
AREA SERVICE COMMITTEE	CK#	COMMENT	RECONCILED	CASHED	
Sunset Church of God	1006	Rent	\$ -	\$ 50.00	
Michael McBride	1007	Annual Domain Cost	\$ -	\$ 116.05	
			\$ -	\$ -	
			Total expenses	\$ 166.05	
			balance	\$ 708.87	
			Total reconcil	\$ -	
			Sub Balance	\$ 708.87	
Prudent Reserve				\$ 750.00	
Amount to Donate to Region if negative \$0			Delta Prudent	\$ (41.13)	
	CK#	COMMENT	RECONCILED	CASHED	
Region	0	NC Region donate	\$ -	\$ -	
			Actual Balance	\$ 708.87	

Tar-Roanoke Area: Group Donations & Expense Tracking 2015-2016														
Group Name	Oct-15	Nov-15	Dec-15	Jan-16	Feb-16	Mar-16	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	YTD	Avg
New Beginnings	\$ -	\$ 5	\$ -	\$ 5	\$ 5	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 15	\$ 1
Choanoke Choices													\$ -	
Circle of Hope				\$ 10	\$ 10			\$ 20		\$ -	\$ -	\$ -	\$ 40	\$ 7
Courage to Change	\$ 22	\$ 42	\$ 37	\$ 12	\$ 22	\$ 20	\$ 21	\$ 20	\$ 20	\$ 20	\$ 25	\$ 44	\$ 305	\$ 25
Keeping It Real	\$ 10	\$ 10	\$ 10	\$ -	\$ 22	\$ 8	\$ 20	\$ 14	\$ -	\$ 20	\$ 20	\$ 9	\$ 143	\$ 12
New Horizons	\$ 130	\$ -	\$ 89	\$ 55	\$ -	\$ 64	\$ 100	\$ 100	\$ 92	\$ 72		\$ 125	\$ 827	\$ 75
Recovery Road	\$ 40	\$ 80	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 69	\$ 66	\$ -	\$ 23	\$ 50	\$ 328	\$ 27
Serenity Seekers								\$ 60					\$ 60	\$ 60
Solution Seekers								\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Walk Your Talk	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 20	\$ 240	\$ 20
Month income	\$ 222	\$ 157	\$ 156	\$ 102	\$ 79	\$ 112	\$ 161	\$ 303	\$ 198	\$ 132	\$ 88	\$ 248	\$ 1,958	\$ 163
Month Expense	\$ 390	\$ 214	\$ 99	\$ 102	\$ 93	\$ 99	\$ 182	\$ 281	\$ 200	\$ 130	\$ 211	\$ 166.05	\$ 2,167	\$ 181
Delta funds	\$ (168)	\$ (57)	\$ 57	\$ -	\$ (14)	\$ 13	\$ (21)	\$ 22	\$ (2)	\$ 2	\$ (123)	\$ 81.95	\$ (209)	\$ (17)
3 Month expense	NA	NA	\$ 703	\$ 415	\$ 294	\$ 294	\$ 374	\$ 562	\$ 663	\$ 611	\$ 541	\$ 507	NA	\$ 496

[REDACTED]
TAR ROANOKE AREA OF NA
413 DAVIS FARM DR
NASHVILLE NC 27856-1837

Your account statement

For 09/30/2016

Contact us



BBT.com



(800) BANK-BBT or
(800) 226-5228

You've built a solid business network.
Now BB&T introduces a way to make it work for you:

Refer up to 4 small businesses and receive \$400! * Refer fellow small businesses to open their first BB&T business checking account and you each receive \$100 deposited directly into your business checking accounts once offer requirements are met.

To participate in this incentive program, stop by your closest local financial center before December 31, 2016 to pick up a registration form. Visit us online at BBT.com/Business for more information or call us at 800-BANK-BBT.

* This offer applies to referrals that open a new business checking account onsite at a participating BB&T financial center between January 1, 2016 and December 31, 2016. The new referred business checking account must be the first BB&T business checking account to be eligible for the offer. Business checking accounts opened through BBT.com or BB&T Phone24, savings accounts and personal checking accounts are not eligible. Information will be reported to the IRS as required. Referred individuals must present and submit a referral form at account opening. See your financial center for a supply of referral forms. By providing and accepting and using the coupon included in the referral form, each party acknowledges that the other party may be a client of BB&T. All measures to protect client-sensitive information and confidentiality apply. In addition, each party understands that failure to receive an account bonus means that an account was not opened and does not imply that an account application was denied.

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■ COMMUNITY CHECKING [REDACTED]

Account summary

Your previous balance as of 08/31/2016	\$676.92
Checks	- 216.05
Other withdrawals, debits and service charges	- 0.00
Deposits, credits and interest	+ 248.00
Your new balance as of 09/30/2016	= \$708.87

Checks

DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)	DATE	CHECK #	AMOUNT(\$)
09/01	1005	50.00	09/19	1006	50.00	09/12	1007	116.05
Total checks								= \$216.05

Deposits, credits and interest

DATE	DESCRIPTION	AMOUNT(\$)
09/12	DEPOSIT	248.00
Total deposits, credits and interest		= \$248.00

Tar-Roanoke Area
GSR REPORT FORM



DATE: 10-8-16

GROUP NAME: RECOVERY ROAD

LOCATION: 1803 SUNSET AVE EXT.

RENT PAID: YES X NO

MEETING TYPE: MONDAY LT THURSDAY OPEN DISCUSSION

AVERAGE ATTENDANCE: 10 # NEWCOMERS: 0

DONATION TO AREA \$ 40.00

BUSINESS MEETING HELD: YES X NO

GROUP POSITIONS OPEN:

NONE

NA BIRTHDAYS (Will be celebrating: Yrs, Name and initial)

JOHN H 4 YEARS 10-2-16

GROUP CELEBRATIONS (Date, time, location)

10-27-16

BUSINESS, PROBLEMS OR SITUATIONS:

NONE

GSR: Jim S

ALT GSR: Phillip B

Tar-Roanoke Area
GSR REPORT FORM



DATE: 10-8-16
GROUP NAME: RECOVERY ROAD
LOCATION: 1803 SUNSET AVE EXT.
RENT PAID: YES X NO
MEETING TYPE: MONDAY LT THURSDAY OPEN DISCUSSION
AVERAGE ATTENDANCE: 10 # NEWCOMERS: 0
DONATION TO AREA \$ 40.00
BUSINESS MEETING HELD: YES X NO
GROUP POSITIONS OPEN:
NONE

NA BIRTHDAYS (Will be celebrating: Yrs, Name and initial)

JOHN H 4 YEARS 10-2-16

GROUP CELEBRATIONS (Date, time, location)

10-27-16

BUSINESS, PROBLEMS OR SITUATIONS:

NONE

GSR: Jim S

ALT GSR: Phillip B

NA BIRTHDAYS (Will be celebrating: Yrs, Name and initial) October 19th Tarrant R. 5 years.

November 19th - Speaker Meeting

GSR: Dwight E.

ALT GSR: _____

TAR ROANOKE GSR REPORT FORM



DATE: October 8, 2016

GROUP NAME: Keeping It Real

LOCATION: 1101 Greensville County Circle, Emporia VA 23847

RENT PAID: YES ☒ NO

MEETING TYPE: Open/ Literature study

AVERAGE ATTENDANCE FOR MONTH: 10 **TOTAL NEWCOMERS:** 1

DONATION TO AREA \$ 20

BUSINESS MEETING HELD: YES ☒ NO

GROUP POSITIONS OPEN: none

NA BIRTHDAYS /CELEBRATIONS (Will be celebrating: Yrs., Name and Initial):

BUSINESS, PROBLEMS OR SITUATIONS: none

GSR: Michael Mc

Tar-Roanoke Area
GSR REPORT FORM



DATE: 10/8/16
GROUP NAME: Solution Seekers
LOCATION: 592 Union Mill Rd La Crosse VA 23950
RENT PAID: YES ☒ NO ☐
MEETING TYPE: closed / literature discussion
AVERAGE ATTENDANCE: 2 # NEWCOMERS: 0
DONATION TO AREA \$ 0
BUSINESS MEETING HELD: YES ☐ NO ☒
GROUP POSITIONS OPEN:
all but GSR

NA BIRTHDAYS (Will be celebrating: Yrs, Name and initial)

GROUP CELEBRATIONS (Date, time, location)

BUSINESS, PROBLEMS OR SITUATIONS:

GSR: Dona D.
ALT GSR: _____

Tar-Roanoke Area
GSR REPORT FORM



DATE: 10-18-16

GROUP_NAME: One Day At A Time

LOCATION: South Hill United Methodist South Hill VA

RENT PAID: YES ☒ NO ☐

MEETING TYPE: Open

AVERAGE ATTENDANCE: 3 # NEWCOMERS: 1

DONATION TO AREA \$

BUSINESS MEETING HELD: YES ☒ NO ☐

GROUP POSITIONS OPEN:

NA BIRTHDAYS (Will be celebrating: Yrs, Name and initial)

Marian B - 1 yr 10-10 celebrating 10-12

GROUP CELEBRATIONS (Date, time, location)

BUSINESS, PROBLEMS OR SITUATIONS:

GSR: _____

ALT GSR: _____



Tar-Roanoke Area MOTION FORM



Motion # 1

Date: 10-8-16

Mover - Phillip B
(person)

(GSR) Seconded - Dena D
(person)

(group or position if any)

(active home group)

Motion:

To move Forward with Phoneline
For Area to help Addicts needing
Help.

Intent:

Amendment:

Financial Impact:

Policy Affected:

Tabbed to H.G.

Vote: Pass/ Fail ____ For ____ Against ____ Abstain

Amendment: Pass/ Fail ____ For ____ Against ____ Abstain

Is this a POLICY change motion? Yes



Tar-Roanoke Area MOTION FORM



Motion # 1

Date: 10-8-16

Mover - Phillip B
(person)

(GSR) Seconded - Dana D
(person)

(group or position if any)

(active home group)

Motion:

To move Forward with Phoneline
For Area to help Addicts needing
Help.

Intent:

Amendment:

Financial Impact:

Policy Affected:

Tabbed to H.G.

Vote: Pass/ Fail ____ For ____ Against ____ Abstain

Amendment: Pass/ Fail ____ For ____ Against ____ Abstain

Is this a *POLICY* change motion? Yes



Tar-Roanoke Area MOTION FORM



Motion # 2

Date: 10-8-16

Mover - Dena D.
(person)

(GSR) Seconded - JIM S
(person)

Solution Seekers
(group or position if any)

RECOVERY ROAD
(active home group)

Motion:

need to go below prudent reserve
to write checks

Intent:

bills need to be paid

Amendment:

Financial Impact:

Policy Affected:

Vote: Pass/ Fail 6 For 0 Against 0 Abstain

Amendment: Pass/ Fail ___ For ___ Against ___ Abstain

Is this a **POLICY** change motion? no

768.87
Balance \$801.87
checks \$105.80
After checks 696.07



New Narcotics Anonymous Meeting

Sundays at 2:30 – 3:30pm

Held at: Greater Joy North
(across from movie theatre)

1711 E. 10th St.

Roanoke Rapids, NC



**First Meeting to be held
on Sunday, 10/16/16**

Please come out and help us get this started the NA WAY

Any questions?

CONTACT: Sabrina L. 252-538-1199 or Michael Mc. 847-508-8505